



HELPING HANDS TRUST NEWSLETTER – DECEMBER 2017



MESSAGE FROM THE CHAIRMAN

The year is now fast approaching its end, and shortly our minds will commence concentrating on sunny skies and festive activities. As stated on previous occasions, The Helping Hands Trust is still young and continuous development and growth must take place, so as to over time ensure that the Trust can be in a position to widen its role relating to community development. We must remain conscious that the Trust has as its main objective the upliftment and betterment of impoverished communities through assisting and partaking in projects that will create a safer and

more sustainable society

The partnership the Helping Hands Trust formed with six senior secondary schools in 2016, grew stronger this year. The centre of the Community School of Nelson Mandela University joined the partnership and its director agreed to play a co-ordinating role. The Principle Action Learning Set (PALS) is a three-year project and includes all role players – educators, learners, SGB's and the community at large. Two components of the project have been launched – Wellness Action Learning Set (WALS) and Security in general. Good news for the project is that the Nelson Mandela University's Human Movement Sciences Department has joined the WALS as a support structure. A formal report back to role players on progress with the project is scheduled for the first school term of next year. During the first quarter of the year, the Trust form an association with

the TEBA Trust. This resulted in us distributing literature material to the total value of R750 000.00 to 32 senior and junior schools within the Mandela Metro. We hope that we will be able to repeat this during the 2018 school year. Our annual golf day took place in early October. Participation from friends of Metro Security Services, and business at large exceeded our expectations. The funds generated from this event will all be ploughed into our PALS program. The auction which formed part of the prize giving dinner was well supported and healthy bidding took place. One of the school principals also provided insight for the attendees of how the schools are benefitting from the PALS project. I wish to extend sincere gratitude to all who supported the golf day, and in particular to our two main sponsors – Metro Security Services and Tavcor Motor Group

The trust website is kept up to date and can be visited at www.metrohelpinghands.co.za

Our Trust brochure is receiving positive comments from the market place, and is also available to be viewed on the website. 2018 will be a challenging year – politically, economically and socially. However, I believe that the foundation has been laid for the Trust to continue to grow and to become stronger. On behalf of the board of Trustees of The Helping Hands Trust we wish all a peaceful holiday season and a blessed New Year. I end with a very apt quote from Henry Ford – **“Coming together is a beginning; keeping together is progress; working together is success**

**ACHMAT
MOHAMED
CHAIRMAN**





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PALS PROGRAM

(PALS) Safety and Security; A top priority for the Helping Hands Trust

The Helping Hands Trust together with the Nelson Mandela University's Centre for the Community School, have established workshop discussions regarding the safety and security of six Northern Area Secondary Schools. These schools include Arcadia, Betram, Booyens Park, Chatty, Sancton and Westville Secondary School, which all form part of the Principles Action Learning Set Program (PALS). The objective of the workshop is to create conditions enabling the co-construction of a framework, which is intended to develop a safety and security plan for the aforementioned schools. These schools regularly face troubles caused by crime

and violence from neighboring areas. The Trust in agreement with the Nelson Mandela University's Centre for the Community School, hopes to achieve a positive outcome from the development of these workshops, in order to sustain a safe environment for the learners, educators and residents of these areas.



Representatives from the 6 Pals Schools in a workshop discussion

" Workshop discussions with the objective to create enabling conditions for the co-construction of a framework to develop a safety and security plan for the six Northern Areas Secondary Schools in the PALS (Principles Action Learning Set) program is enthusiastically supported by representatives from the six schools.



Participants listening attentively to a security presentation



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MSS GOLF DAY - OCTOBER 2017

The 2017 Helping Hands Trust golf day took place on Thursday, 12 October. The event was very well supported by friends of the Metro Security Services various business divisions.

increase in out of town support.

The high energy levels continue during the evening's prize giving dinner, during which period a financially successful auction was held. Items on auction carried healthy bidding competition, and all realised that at the end of the day the PALS schools in the Port Elizabeth Northern Areas will benefit from the funds raised.

The evening concluded with one of the PALS school principals giving all present a progress report on the project.

The trustees of the Helping Hands Trust express their sincere gratitude to all who supported the golf day and look forward to the 2018 event.



Metro watering hole and staff



Sweet hampers that was raffled

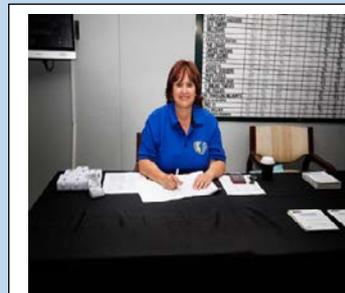


Tavcor representative, one of HHT main sponsors enjoying the day with our Metro manikin



Metro MD's 4 Ball Team

All monies raised through this annual event gets applied to the PALS project. A field of 150 golfers participated and a very jovial atmosphere prevailed throughout the day. It was also heart warming to notice the



Tee-off times being controlled





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**Wellness
Launch**



Supporters of Sancto School

The day started with “An Amazing Race” and all six schools were represented by their selected teams. The prizes on offer included mini fridges, microwave ovens and coffee machines. The aim was not just to create a competitive spirit on the day, but also to build a strong fellowship moving forward.



Supporters of Chatty School



Supporters of Westville School

Under the PALS program, the Teachers Wellness Action Learning Set was launched on 28 September at the Nelson Mandela University’s sports clubhouse. On the day representatives from the PALS schools took part in “an amazing race”, followed by social interaction amongst the staff of the six PALS schools.



Arcadia School representatives

The program is enjoying excellent support from all role players – Principals, educators, learners, SGB members as well as parents and other community members – whom have all bought into the PALS program and it's different components.



Listening to encouraging words for the day's events



Team: BERTRAM

